Dear Parents/Caregivers,

**Tuff Trucks**
Thank you to the families who have been able to find some time over the weekend to help on the gate at Tuff Truck. This is a big event for our school and the P&C really appreciate the effort people have made to help and find family and friends who are able to help. The more helpers we have the better for our school community. Thank you again! If you are able to assist for any time over the weekend the P&C would be very grateful. This is a major fundraising event for the P&C and the money raised from the event goes to many valuable resources and programs throughout the school to benefit all the students. Ask your friends and family if they can help out also as many hands make light work.

**Premier’s Reading Challenge**
We are participating in the Premiers Reading Challenge this year. The aim of this program is to engage the students in reading and develop a love of quality books. The children will need to read a set amount of books with some being off the Premier’s list. More information will be sent home with the students in the coming weeks. The challenge goes from 3rd March to 29th August. Happy reading.

**National Ride to School Day**
On Friday 4th April the students will be participating in our National Ride to School Day. We will need to meet 1 ½ km along Welsh’s Road at 8:45am when we will ride to school. Parent support on the day will be appreciated.

**Cross Country**
We participated in the Cross Country event with Broke Public School last week and all the students did a wonderful job and put in a great effort. Congratulations go to Jasmine and Matthew Kaizer who will be attending the Zone Cross Country on Friday 28th March. We wish them every success.

**Special Visit**
Today Mrs Barnes came to visit the school and help the students plant some seedlings in the garden. The children were very excited about a special visitor and were clever enough to work out who was coming. We are lucky to have strong support for our school from many people throughout the community.

---

**School Calendar**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thurs 27th Mar</td>
<td>Swimming</td>
</tr>
<tr>
<td>Fri to Sun 28th to 30th March</td>
<td>TUFF TRUCK WEEKEND</td>
</tr>
<tr>
<td>Mon 31st March</td>
<td>Young Leaders Day Sydney Miss Kime &amp; 2 student leaders NO CANTEEN</td>
</tr>
<tr>
<td>Tues 1st April</td>
<td>Song Room</td>
</tr>
<tr>
<td>Thurs 3rd April</td>
<td>Cooking</td>
</tr>
<tr>
<td>Fri 4th April</td>
<td>National Ride to School Day Note Change of Date Bike Day at school 1 for 1.30pm Aboriginal Culture at Broke PS</td>
</tr>
<tr>
<td>Mon 7th April</td>
<td>Canteen</td>
</tr>
<tr>
<td>Tues 8th April</td>
<td>Song Room</td>
</tr>
<tr>
<td>Thur 10th April</td>
<td>Swimming</td>
</tr>
<tr>
<td>Fri 11th April</td>
<td>Last day Term 1 Enviro Mentors Excursion to Jerrys Plains PS</td>
</tr>
<tr>
<td>Tues 29th April</td>
<td>Students return Term 2</td>
</tr>
</tbody>
</table>
### P&C News

The P&C AGM was held on Monday 17th March.

The new office bearers are:
- President – Linda Forster
- Vice President – Mark McKie
- Secretary – Tricia Hogbin
- Treasurer – Narelle Harris
- Uniforms – Linda Forster
- Canteen – Narelle Harris

**Tuff Trucks is this weekend – thank you to all the volunteers.**

**UP TO DATE “TUff TRUcKS “ROSTEr ATTAchED.**

### Footy Tipping Competition

Round 3 has been played.

A scoresheet is on the window wall in the Staffroom. All tips are due by Thursday, in the Footy Tipping box in the Foyer.

### Mother’s Day Gifts

Designs for the Mother’s Day “Design a Plate” were emailed last week, and the plates will be back in plenty of time before Mother’s Day.

At $20 per plate it will be a lifetime memory.

### Financial Matters – Reminder

Just a reminder that invoices were sent out with a previous newsletter. Your assistance with a timely payment would be appreciated. If you have any questions or needing assistance please don’t hesitate to talk with Miss Kime, our Principal.

Please note we have kept these costs at a minimum for many years, with no increase, while however the costs of books, stationery and activities have increased. We will continue to charge only the minimum this year.

**The fees can be paid as 1 payment of $40 per student, or $10 per term per student.**

---

### Milbrodale Public School

#### Canteen Roster Term 1 2014

<table>
<thead>
<tr>
<th>DATE</th>
<th>NAME</th>
</tr>
</thead>
<tbody>
<tr>
<td>3rd Feb</td>
<td>Narelle</td>
</tr>
<tr>
<td>10th Feb</td>
<td>Narelle</td>
</tr>
<tr>
<td>17th Feb</td>
<td>Tricia</td>
</tr>
<tr>
<td>24th Feb</td>
<td>Narelle</td>
</tr>
<tr>
<td>3rd March</td>
<td>Linda</td>
</tr>
<tr>
<td>10th March</td>
<td>Tricia</td>
</tr>
<tr>
<td>17th March</td>
<td>Narelle</td>
</tr>
<tr>
<td>24th March</td>
<td>Narelle</td>
</tr>
<tr>
<td>31st March</td>
<td>CLOSED</td>
</tr>
<tr>
<td>7th April</td>
<td></td>
</tr>
</tbody>
</table>

If you are unable to do canteen on your rostered day, please try and arrange someone to take your place or contact Narelle on 6579 4649 (before 8.00am)
Nutrition Snippet

The simplest way
to get your kids loving Fruit & Veg.

Eating plenty of fruit and veg can help keep your children healthy, but sometimes it’s hard to get them to eat enough. Children often copy their parents, so our first tip is to make sure you eat enough too!

Other tips are:

- **Put your kids in charge.** Let them choose and wash fruit and veg for their lunch box, if they’re able to, let them peel, cut or grate it.

- **Keep it interesting.** Cut fruit and veg into a variety of small shapes so it’s easier and fun to eat.

- **Make ready-to-eat snacks.** Keep cut fruit and veg in the fridge for the kids to grab and eat with hummus or yoghurt.

For more information visit
www.eatittobeatit.com.au
or join us at facebook.com/eatittobeatit

OUR GARDEN

SPORT
Information from the Department of Education and Communities:

**Dad and son time**
A series of adventure-filled camping weekends for fathers and sons are being run at Sport and Recreation centres. With no computers, phones or TVs, dads and their boys will be able to spend time together and building a healthier relationship. Find out more: [http://www.dsr.nsw.gov.au/youngstars](http://www.dsr.nsw.gov.au/youngstars)

**Motivating lazy children**
All kids are born active. Some just learn lazybones habits and need a nudge. Find out ways to encourage your child to get up off the sofa and get a little physical.


**Helping your child to become a good speller**
What do you do when your child is struggling with spelling? Should you let your child use a spell checker, for instance? Here are a few tips and techniques to make spelling easier.


---

Upper Hunter TAFE Outreach is doing an expression of interest to see if we have enough people interested in doing this course.

The FREE course is working with IPADS and topics include: understanding IPADs, using IPADs, getting the most out of your IPAD and what programs can be used with your IPAD. The course will run Thursdays from 10 am to 2 pm at Broke Community Hall from 22 May to 19 June 2014.

If you are interested please call Annabelle at Singleton TAFE on 6542 1115.